

Gluten Free Dining 2019 @ Six Flags over Texas

A guest can bring a cooler & eat in the Picnic area and can bring a reasonable amount of food into the park if someone claims special dietary needs. Guests can and should request to speak with location supervision to check labeling. The warehouse supplier will temporarily substitute different items.

If you are looking for options at Six Flags here is what is offered.

All American Café, (near the front gate) has a GLUTEN-FREE PERSONAL SIZE CHEESE PIZZA for special order. Also, fresh garden salads with shredded cheese and/or grilled chicken on top are available. (GF dressings include Ken's Dressings or Heinz Thousand Island, Italian or Ranch 1 ½ oz. packet). bunless burgers, and Lettuce wrapped burgers available. (If a basket is ordered, an apple, orange, or side salad can be substituted by a manager instead of French fries).

Primo's Pizzeria, (in the Old South) has Garden Fresh Salad with Grilled Chicken or fresh side salads with cheese. GF dressings packets are available include Ken's Dressings or Heinz Thousand Island, Italian, Ranch.

JB's Smokehouse BBQ (in the Old South), fresh garden salads with cheese or the garden salad with grilled chicken on top can be ordered. (GF dressings in packets are available, flavors mentioned above). GF items include shredded beef, BBQ brisket, turkey leg, Carl's jalapeño sausage, Sweet Baby Ray's BBQ Sauce, bunless burger, bacon slice for the burger, French fries (*they have a dedicated fryer*), cheese fries, brisket fries, and Bacon, Cheddar, Ranch fries.

(Talk to a manager to work out a meat substitution for the Kid Meals which also includes Musselman applesauce or Welch's fruit rollup)

Johnny Rockets (in the Gotham area), shows allergen information on the web site. Johnny Rocket burgers are 100% beef and could be ordered without a bun. American Fries (*they have a dedicated fryer*). Their vanilla and chocolate milk shakes with whipped cream are GF, as are Heinz BBQ Sauce, Heinz Honey Mustard and Ranch Packets.

Totally Kickin' Chicken (in Mexico) serves fries *from a dedicated fry vat*. Cheese Fries and Bacon Cheddar Ranch Fries are GF. Also, their vanilla & chocolate shakes with whipped cream are GF.

Casa De Las Banderas (in Mexico) serves loaded nachos with white cheese, pulled pork (must be ordered without Gold BBQ Sauce), chopped brisket, and grilled chicken are GF. Southwest salad with Grilled Chicken, Black Beans, Roasted Corn and Chipotle dressing are GF. Soft Serve (Vanilla, Chocolate, or Swirl) in a cup are GF.

Macho Nacho (in Boomtown) has BBQ Brisket, Fajita Chicken, and Black Bean Nachos that are GF

Bubba's Texas Giant Hot Dog (near the Texas train depot) has turkey legs, and bunless hot dogs.

Uncle Bub's Smokehouse (across from the Southern Palace) bunless bratwurst with spicy mustard or BBQ sauce or pulled pork nachos*. Please ask for a Manager or Supervisor when placing a special order.

Dry Hole Charlie's (in Boomtown) has turkey legs.

Granny's Grill (Kid's Area) has bunless hot dogs and kettle chips.

Texas Taco Bar (near Crazy Horse Saloon) has Street Tacos with corn tortillas and corn chips. Please ask for a Manager or Supervisor when placing a special order. Fruit Bars are also available, these are individually packaged.

Newman's Corn Dogs (Tower sections) has ICEEs.

Dusty Dan's (Boomtown) has nachos*, popcorn, ICEEs, whole pickles.

EG Sugarwater (Texas Section) has popcorn, ICEEs, and whole pickles.

Miss Abby's Cookie & Ice Cream Shoppe (in Texas section) has soft serve vanilla and chocolate ice cream, sprinkles, and M&M toppings served in a cup.

Dippin' Dots Sundae Shop (in Texas section) has vanilla, chocolate, banana split & rainbow ice dots. **Do not order the cookie & cream dots.**

Lone Star Twisters (Tower section) has popcorn, nachos*, ICEEs.

Be advised: we mix funnel cake batter in-house, so these three locations may have allergens in the air, as the mix is a fine powder.

Red River Funnel Cakes (near Roaring Rapids) has soft serve vanilla ice cream in cups.

Flags Famous Funnel Cakes (at front gate USA side) has soft serve vanilla ice cream in cups.

La Cantina (at the front gate Mexico side) has turkey legs.

ALSO

Lemon Chills (Gotham Area) are available at Gotham Coke Kiosk.

Dippin' Dot Kiosks (throughout park) has vanilla, chocolate, banana split & rainbow ice dots. **Do not order the cookies & cream dots.**

Dole Fruit Swirl (Boomtown Section) a soft serve product topped with strawberries or pineapple.

*Nachos (corn tortilla chips with Ortega cheese sauce and jalapeños) available in various locations and all are GF approved.

Corporate Statement from Six Flags

“Six Flags does cook with food ingredients that may lead to an adverse reaction in people with food allergies or special dietary needs. We cannot guarantee that the food served here will meet your needs. Our theme park needs to be treated like any other eating establishment.”